Trading for a Living that is important

1. How many hours a day do you want to trade?
2. Set realistic goals of your P&L

3x2 2x1 Rule

5 Trading Days a Week: To Make Money 3 Days, Lose 2 Days

When make money, try to make 2x1 what you lose

My goals are when I lose only lose $500

When I will I want to make $1200

3x $1200= $3600 minus $1000= $2600 a week

1. Look at every single trade as a Dollar Amount or Percentage of your total account

$80-$1200 of Risk

Or 1-5% of your total